



PROJEKAT FINANSIRA EVROPSKA UNIJA
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**Udruženje
"Ujedinjene žene"**

INDIVIDUAL MEASURES TO STRENGTHEN THE RESPONSE CAPACITY TO MANAGE MIGRATION FLOWS IN BOSNIA AND HERZEGOVINA

(LIFE ROUTES - Understanding migration movements and supporting people on the move)

In an effort to sensitize the local community to people on the move, a lecture "Walking in someone else's shoes: Cognitive and affective perspective-taking" was held within the "Life Routes" project. The main goals of the lecture were to increase understanding and empathy towards people on the move, providing insight into their experiences and the challenges they face on a daily basis.

Through discussions and practical examples, the present members of the local community and the "Women United" Association had the opportunity to become familiar with the techniques of cognitive perspective-taking, which includes understanding other people's attitudes and opinions, as well as affective perspective-taking, which refers to recognizing and empathizing with other people's emotions.

The lecture was held by Dr. Sc. Amela Mujagić, Assistant professor in the field of psychology, who emphasized the importance of developing these skills in order to improve communication and reduce prejudice within the community. The need to create an inclusive environment in which every member of society feels accepted and respected was emphasized.

This lecture represents a step forward towards building a community that is ready to lend a helping hand to those who need it most.

The lecture is supported within the framework of the project "Individual measures to strengthen the response capacity to manage migration flows in Bosnia and Herzegovina", funded by the European Union and implemented by the International Organization for Migration (IOM).

